

Sexual Assault Awareness Month Poster Contest

Contest Rules & Requirements

- You must be a student at one of the Island County High Schools to participate in the contest.
- Only one entry per student.
- All entries must be submitted with a signed application to the appropriate staff member at your high school (see below) by the deadline, **March 23rd, 2018**. Entries can be submitted in hard copy or electronically.
 - South Whidbey High School – Jeff Greene, Graphic Arts Teacher
 - Coupeville High School – Tacy Bigelow, Art Teacher
 - Oak Harbor High School – Jana Jansen, Graphic Arts & Photography Teacher
- Entries will be reviewed by a committee, and one student will be chosen as the winner for the county. The winner will receive a \$50 Visa gift card, and their poster will be displayed throughout Island County during the month of April.

Poster Instructions

- **Posters must be created on an 8.5 x 11in piece of paper, with a portrait orientation (*NOT landscape*).**
- There are no limitations on the medium which can be used...students can paint, draw, collage, use computer graphics, photography, etc. However, all artwork must be original, and any copyrighted material that is used without the express permission of the owner of that material will be disqualified.
- Do not include CADA logo or information about CADA in your submission.
- **The theme for Sexual Assault Awareness Month is “Embrace Your Voice”.** How we talk about sexual violence matters. When we hear degrading comments (victim blaming, rape jokes, etc.) and we don't speak up, we undermine the value of strong communities and disregard survivors who have already been silenced. 1 in 2 women and 1 in 5 men have experienced sexual violence other than rape in their lifetimes. Sexual violence thrives when it is not taken seriously and when victim blaming goes unchecked. Fortunately, our culture is changing. Challenging sexual violence and shifting the responsibility is part of a bigger conversation that is currently ongoing in our society. We all have the power to create change in our communities if we work together to challenge problematic attitudes and behaviors, and promote the values of respect, equality, and safety.
- This is a broad theme, and students are encouraged to be creative and come up with their own ideas for what we can do to embrace our voices around sexual assault, or if preferred, students can use one (or more) of the following ideas:
 - **Embrace Your Voice**
What you think and say about sexual assault matters. We live in a time where people are speaking up about sexual violence to change the dismissive culture. Until recently, victims have been ignored, silenced, and blamed, while perpetrators have been excused. We can see the shift amongst powerful

figures, but you also have the power to spark change in your community! If you know someone who has been affected by sexual violence, give them space to share what they need. If you hear degrading language or victim blaming, say something. Show your support by embracing the power that you hold to believe survivors and to create stronger, respectful communities.

- **Believe Survivors**

A vital part in shifting our culture is that we believe survivors who have had the courage to speak out about their experiences. It can be very uncomfortable to hear about sexual assault, and to hear about well-known figures committing such acts of violence. As a culture, our initial reaction has been to discount the accuser and support the accused. We must shift this way of thinking to supporting the survivor because in reality, it is a very painful and re-traumatizing process to report or to even talk about. If you or someone you know is a survivor of sexual assault, you are not alone.

- **Change the Culture**

There is a lot of misinformation and myths around sexual assault. Some examples of those myths are: people often lie about rape, only women can be raped, it's not rape if they didn't say no, etc. Often these myths lead to victim blaming and beyond that, they create a culture where sexual violence is excused. To change this culture and to ultimately end sexual violence, we must get accurate and factual information about the problem and use that information to spread awareness to those around us. If you hear a friend or someone you know victim blaming or spreading false information, start a conversation about it. Speaking up in our communities creates an environment where victims feel supported and abuse is not tolerated.

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Application

Student's Name: _____

School: _____ Grade: _____

Phone Number: _____ Email Address: _____

Consent Form

I hereby grant permission to use and reproduce the poster created by _____
_____. I understand that any submission may be edited or used, in whole or in part, or adapted with other materials for educational and promotional purposes. I hereby waive all rights of privacy and control that I may have over this submission. I understand that this poster will be distributed and displayed throughout all of Island County.

Please check the boxes for which information you are giving CADA consent to display on the poster:

Student's Name: _____
(Please write how you want the name displayed, if at all – First name only or full name)

Student's School

I have read this document before signing below and warrant that I fully understand its contents.

Name of Parent/Guardian
(Please Print)

Signature

Date

Name of Student
(Please Print)

Signature

Date